ΕN

The **video** below is 'eye-roll American' but other than that, it's clear : <u>https://youtu.be/r51YroAFPds</u>

NEEDED :

- cotton T-shirt, not too narrow (!)
- pair of good scissors

Not in the video:

- as recommended everywhere, I add a double layer of towel paper or baking paper in between.
- after each use soak mask in **boiling water with plenty of detergent**, and throw away towel/baking paper, obviously.

The fabric shrink a little when washing, so take that into account when cutting. Below my sketches of the different steps and my first creation ;))) Sort of enjoy ! Trui

More information : <u>www.makefacemasks.com</u> #iprotectyouandyouprotectme #masks4all

cotton T-shirt stretch cords NTO = for 2 marks (front of T-shirt + back) mark B C (1) slip head through this cord with upper knot ther ears, behind head (2) adjust mask to nose and chin

Mask making WITHOUT sewing, just cutting, in 10 minutes (less for the quick ones) and even looks good. BEST model I came across and tested ;))



3 tie lower cord behind neck with a knot

after being outside & use, discard paper towel, souk mask & cord in boiling water with lots of soap, ringe and dry for next use. Cotton will shrink a bit but not much .